Keynote Speakers

Christian Spross
Zurich

Lykele Beimers
Amsterdam

Jana Tumpalan
Phillipines

Minoo Patel
Melbourne

Jonathan Ronquillo
Phillipines

Mohamed Razif
Kuala Lumpur

Ron Rosenthal
Israel

Chintan Desai
Mumbai

Hilal Al Housni
Oman

Mya Lei Sein
India

Aminudin Shamsudin
Malaysia

Peter Haen
Netherlands

Ricardo Aveledo
Spain

Neal Millar
Scotland

Sarah Warby
Melbourne

St George Shoulder Conference 2025

Convenor:
Professor George Murrell

Orthopaedic Research Institute
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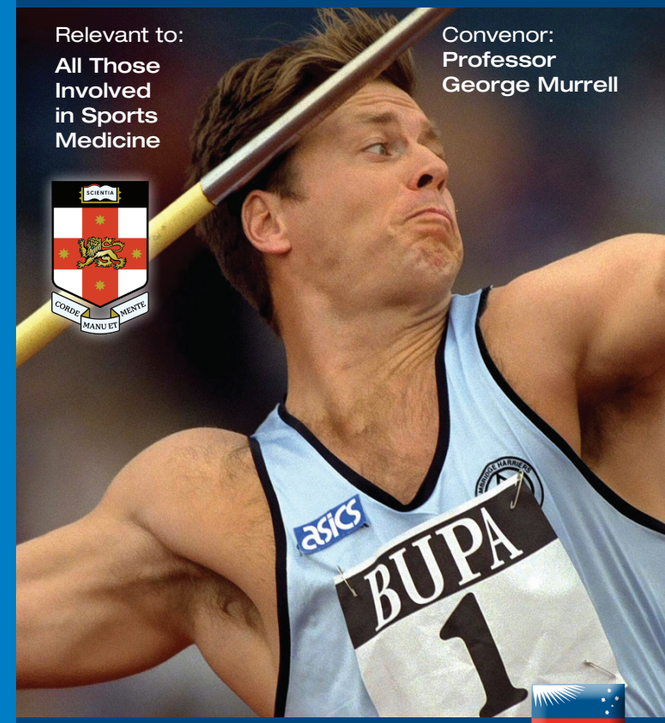
– 30th Anniversary –

St George Shoulder Conference 2025



Venue:
Novotel Sydney Brighton Beach
Brighton Le Sands

Orthopaedic Research Institute
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Thursday 29th May &
Friday 30th May 2025

NSW GOVERNMENT Health
South Eastern Sydney Local Health Network

Places are limited Book Now!

Thursday 29 May 2025

Pain and Tendon

8.00am	Eitology of tendinopathy	*Mya Lei Sein*
8.10am	The biology of tendinopathy	*Neil Millar*
8.30am	Paraesthesia and shoulder pain	*Chen Zhang*
8.40am	Calcific tendonitis	*Lisa Hackett*
8.50am	Pain post rotator cuff repair	*Alvin Deng*
9.00am	Clinical advances	*Neal Millar*
	Discussion	

Round Table

9.45am	How do I manage the patient with a painful shoulder, but an intact cuff ?	
		Neal Millar, Mya Lei Sein, Brandi Cole, Justin Paoloni

10.15am Morning Tea

10.45am Workshops

12.00 Lunch

Rotator Cuff Tears and Repairs

1.00pm	The clinical diagnosis	*Jana Tumpalan*
1.10pm	Diagnosing tears on ultrasound	*Mina Shenouda*
1.20pm	Tendon healing as assesssed by ultrasound	*Tiffany Williams*
	Discussion	
1.30pm	Trauma history and symptom duration	*Christyon Hayek*
1.40pm	Elastography	*Lisa Hackett*
1.50pm	Cytokines IL1-IL6	*Victor Chen*
2.00pm	Cytokines IL4	*Nithya Mathew*
2.10pm	Partial thickness repair	*George Murrell*
2.20pm	Undersurface transosseous repair	*Chitan Desai*
2.30pm	Return to sport and work	*Alexander Maloof*
	Discussion	

3.00pm Afternoon Tea

Latest Science • ***Latest*** Surgical Techniques • ***Latest*** Non-Operative Techniques

Patches

3.20pm	Revision repair	*Aminudin Shamsudin*
3.30pm	Augmentation	*Jamie Lau*
3.40pm	Interposition	*James Bilbrough*

Round Table

3.50pm	How do I get that tendon to heal after surgery ?	
		John Daher, Neal Millar, Christian Spross

4.00pm Workshops

5.00pm End

Friday 30 May 2025

Instability

8.00am	Traumatic anterior shoulder instability	*Peter Haen*
8.10am	Approaches for bone loss	*Minoo Patel*
8.20am	Multidirectional Instability	*Sarah Warby*

Shoulder Arthroplasty

9.00am	Management of arthritis without arthroplasty	*Ricardo Aveledo*
9.10am	Preventing brachial plexus injuries	*Andrew Kam*
9.20am	A Swiss perspective	*Christian Spross*
9.30am	3D Modelling	*Geoff Smith*
9.40am	Return to sports post reverse	*Hilal Al Housni*

Workshop/Round Table

9.50am	How do I manage my patient after arthoplasty?	
		John Daher, Christian Spross, Lijkele Beimers, John Daher

10.30am Morning Tea

11.00am Workshops

12.00am Lunch

1.00pm	New strategies in fracture management	*Christian Spross*

Round Table

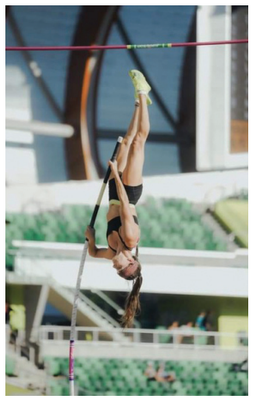
1.40pm	Difficult shoulder fractures	
		Minoo Patel, Christian Spross, Geoff Smith, Peter Haen

2.00pm Workshops

3.00pm Afternoon Tea

3.30pm Hands on Workshops

5.00pm End



Workshops

- Examination of the shoulder
- Post Rotator Cuff Repair
- The Warby Programme for MDI
- Shoulder ultrasound

Registration

Return completed form by 1 March 2025 to:

Marina Zimmermann *Meetings & Education Co-ordinator*
The Orthopaedic Research Institute (ORI)
Level 2, 4-10 South Street Kogarah NSW 2217
Telephone: (02) 9113 2830 **Fax:** (02) 9113 3967
Email: marina.zimmermann@health.nsw.gov.au

Registrations:
Early Bird $695 book by 1/3/25
$795 book by 9/5/25

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