New Horizons in Sports Medicine

Keynote Speakers

Ebonie Rio  Trish Wisbey-Roth

A Seminar Relevant to:
All Those Involved in Sports Medicine

Sponsors

Places are limited to 40
Book Now!

Convenor:
Professor George Murrell

Orthopaedic Research Institute
www.ori.org.au

New Horizons in Sports Medicine

Saturday 10 October 2020

Venue:
The Auditorium
Research & Education Building
Ground Floor
4-10 South Street
Kogarah NSW

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### Tendinopathy

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am</td>
<td>Tendinopathy - what goes wrong?</td>
<td>George Murrell</td>
</tr>
<tr>
<td>9.20am</td>
<td>Accelerating recovery of acute musculoskeletal pain using non-invasive brain stimulation</td>
<td>Simon Summers</td>
</tr>
<tr>
<td>9.35am</td>
<td>Bracing for tennis elbow</td>
<td>Martin Kroslak</td>
</tr>
<tr>
<td>9.50am</td>
<td>Bracing for shin splints</td>
<td>William McNamara</td>
</tr>
<tr>
<td>10.05am</td>
<td>Tennis elbow- strategies to get the best bang for the buck</td>
<td>Viana Vuvan</td>
</tr>
</tbody>
</table>

**Discussion**

10.30am  **Morning Tea**

### Lower Limb

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00am</td>
<td>Interrogating neural representations in elite athletes with persistent posterior thigh pain - new targets for intervention?</td>
<td>Simon Summers</td>
</tr>
<tr>
<td>11.15am</td>
<td>Management of lower limb tendinopathy - the latest and greatest</td>
<td>Ebonie Rio</td>
</tr>
<tr>
<td>11.45am</td>
<td>Exercise for back pain, does it work?</td>
<td>Trish Wisbey-Roth</td>
</tr>
<tr>
<td>12.05am</td>
<td>Tendinopathy of the foot</td>
<td>Michael Symes</td>
</tr>
<tr>
<td>12.25pm</td>
<td>Lunch</td>
<td></td>
</tr>
</tbody>
</table>

### Shoulder

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.15pm</td>
<td>Shoulder stiffness post rotator cuff repair - friend or foe?</td>
<td>William McNamara</td>
</tr>
<tr>
<td>1.30pm</td>
<td>Shoulder stiffness post SLAP repair - friend or foe?</td>
<td>Geoffrey Murphy</td>
</tr>
<tr>
<td>1.45pm</td>
<td>Shoulder operations - which ones work and which ones don’t</td>
<td>George Murrell</td>
</tr>
<tr>
<td>2.00pm</td>
<td>The fate of sutures post rotator cuff repair</td>
<td>Alynna Chua</td>
</tr>
<tr>
<td>2.15pm</td>
<td>What factors determine a successful rotator cuff repair</td>
<td>Julian Duong</td>
</tr>
<tr>
<td>2.30pm</td>
<td>Patches for irreparable rotator cuff tears</td>
<td>Hardev Sandhu</td>
</tr>
<tr>
<td>2.45pm</td>
<td>Aftenoon Tea</td>
<td></td>
</tr>
</tbody>
</table>

**3.15pm-5.30pm Workshops Concurrent**

- Examining the shoulder
- Lower limb tendinopathy rehab
- Post-op rehab for frozen shoulder
- Shoulder arthroplasty rehab
- Rotator cuff repair rehab
- Ultrasound
- Tennis elbow rehab
- Foot and ankle examination

**Places are limited to 40 Book Now!**

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**Registration**

Return completed form by **28 Sep 2020** to:

Marina Zimmermann  **Meetings & Education Co-ordinator**
The Orthopaedic Research Institute (ORI)
Level 2, 4-10 South Street Kogarah NSW 2217
**Telephone:** (02) 9113 2830  **Fax:** (02) 9113 3967
**Email:** marina.zimmermann@health.nsw.gov.au

Registrations: **$200 before 28 Sep 2020**  
Late Registrations: **after 28 Sep $300**

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**Company Name:**

**Address:**

**Ph:**

**Fax:**

**Email:**

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