New Horizons in Sports Medicine

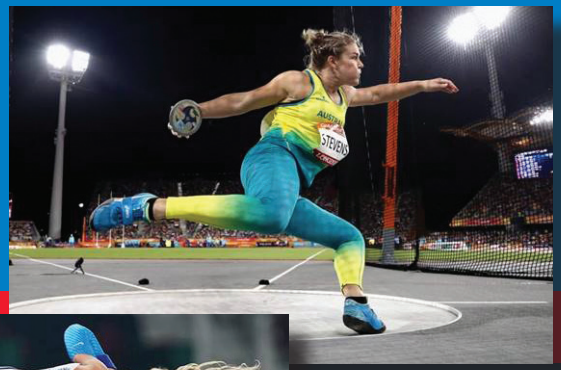
Keynote Speakers

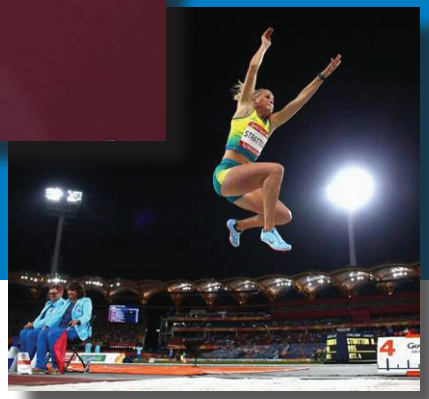
Ebonie Rio

Trish Wisbey-Roth

A Seminar Relevant to:

All Those Involved in Sports Medicine





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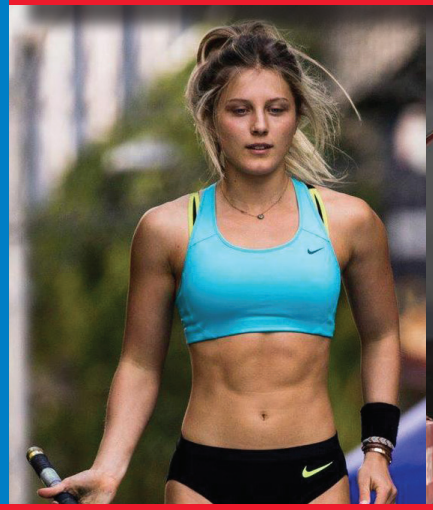
Convenor

Professor George Murrell

New Horizons in Sports Medicine



Convenor:
Professor George Murrell

Saturday 23 May 2020

Orthopaedic Research Institute
www.ori.org.au

Venue:
The Auditorium
Research & Education Building
Ground Floor
4-10 South Street
Kogarah NSW

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All Those Involved in Sports Medicine

NSW GOVERNMENT Health
South Eastern Sydney Local Health Network

Places are limited Book Now!

New Horizons in Sports Medicine

Saturday 23 May 2020

Tendinopathy

9.00am	Tendinopathy - what goes wrong?	*George Murrell*
9.20am	Accelerating recovery of acute musculoskeletal pain using non-invasive brain stimulation	*Simon Summers*
9.35am	Bracing for tennis elbow	*Martin Kroslak*
9.50am	Bracing for shin splints	*William McNamarra*
10.05am	Tennis elbow- strategies to get the best bang for the buck	*Viana Vuvan*

Discussion

10.30am Morning Tea

Lower Limb

11.00am	Interrogating neural representations in elite athletes with persistent posterior thigh pain – new targets for intervention?	*Simon Summers*
11.15am	Management of lower limb tendinopathy - the latest and greatest	*Ebonie Rio*
11.45am	Exercise for back pain,does it work? When to use it and not to	*Trish Wisbey-Roth*
12.05am	Tendinopathy of the foot	*Michael Symes*

12.25pm Lunch

Shoulder

1.15pm	Shoulder stiffness post rotator cuff repair - friend or foe?	*William McNamarra*
1.30pm	Shoulder stiffness post SLAP repair - friend or foe?	*Geoffrey Murphy*
1.45pm	Shoulder operations - which ones work and which ones don't	*George Murrell*
2.00pm	The fate of sutures post rotator cuff repair	*Alynna Chua*
2.15pm	What factors determine a successful rotator cuff repair	*Julian Duong*
2.30pm	Patches for irreparable rotator cuff tears	*Hardev Sandhu*

2.45pm Aftenoon Tea

3.15pm-5.30pm Workshops Concurrent

- Examining the shoulder
- Lower limbtendinopathy rehab
- Post-op rehab for frozen shoulder
- Shoulder arthroplasty rehab
- Rotator cuff repair rehab
- Ultrasound
- Tennis elbow rehab
- Foot and ankle examination

Places are limited Book Now!

Registration

Venue: **The Auditorium, Research & Education Building, Ground Floor 4-10 South St Kogarah NSW**

Return completed form by **11 May 2020** to:

Marina Zimmermann *Meetings & Education Co-ordinator*
The Orthopaedic Research Institute (ORI)
Level 2, 4-10 South Street Kogarah NSW 2217
Telephone: (02) 9113 2830 **Fax:** (02) 9113 3967
Email: marina.zimmermann@health.nsw.gov.au

Registrations: $250 before 11 May 2020
Late Registrations: after 11 May $350

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